



## PERSONAL INFORMATION

Cristian Del Bo', PhD  
Department of Food Environmental and Nutritional Sciences  
Università degli Studi di Milano  
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## CURRENT POSITION

Associate Professor

## WORK EXPERIENCE

- |                         |  |
|-------------------------|--|
| From December 2022      | Associate Professor (Competition sector 06/D2, SSD MED/49)<br>Università degli Studi di Milano, Department of Food, Environmental and Nutritional Sciences, Division of Human Nutrition                    |
| 2019-2022               | Researcher On Fixed-Term Contracts (B) (Competition sector 06/D2, SSD MED/49)<br>Università degli Studi di Milano, Department of Food, Environmental and Nutritional Sciences, Division of Human Nutrition |
| 2017-2019               | Researcher On Fixed-Term Contracts (A) (Competition sector 06/D2, SSD MED/49)<br>Università degli Studi di Milano, Department of Food, Environmental and Nutritional Sciences, Division of Human Nutrition |
| 2014-2017               | Research Fellow<br>Università degli Studi di Milano, Department of Food, Environmental and Nutritional Sciences, Division of Human Nutrition   |
| 2011-2014               | PhD student in Experimental and Clinical Nutrition<br>Università degli Studi di Milano, Department of Food, Environmental and Nutritional Sciences, Division of Human Nutrition                            |
| May-October 2013        | PhD internship<br>University of Copenhagen Department of Public Health- Faculty of Health Science (Copenhagen, Denmark)  |
| September-December 2012 | PhD internship<br>Jean Mayer USDA, Human Nutrition Research Center on Aging at Tufts University (Boston, MA, USA)  |
| 2008-2010               | Research Fellow<br>Faculty of Agriculture- DiSTAM- Department of Food Science and Microbiology, Division of Human Nutrition  |
| September-December 2008 | Research Fellow<br>University of Maine, Department of Food Science and Human Nutrition (Orono, ME, USA)  |

## EDUCATION AND TRAINING

- |                   |  |   |
|-------------------|--|---|
| February 18, 2014 | PhD in Experimental and Clinical Nutrition<br>Università degli Studi di Milano   | t |
| November 15, 2007 | Master Degree in Food Safety, Quality and Human Nutrition (Class LM-61 of the Master Degree Courses in Science of Human Nutrition)<br>Università degli Studi di Milano | t |

## PERSONAL SKILLS

Mother tongue Italian

Other language	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
English	C1	C1	C1	C1	C1

**Organisational / managerial skills** Excellent organizational and managerial skills. He coordinates PhD students and undergraduates. It is co-responsible for strategic research planning, interdisciplinary team building, and the promotion of educational and awareness-raising activities.

## ADDITIONAL INFORMATION

**Publications:** <https://air.unimi.it/cris/rp/rp10148#.XCtWWlxKiUk>  
<https://www.scopus.com/authid/detail.uri?authorId=57203016292>

### Projects

- Part of the research group for the project "ON FOODS – Research and innovation network on food and nutrition Sustainability, Safety and Security – PE10 ENLARGED PARTNERSHIP – MODELS FOR SUSTAINABLE NUTRITION, WITHIN THE FRAMEWORK OF THE NATIONAL RECOVERY AND RESILIENCE PLAN (PNRR).
- Principal investigator del progetto "Effect of Wild Blueberries on metabolic syndrome clusters: a new focus on endothelial permeability and functionality" finanziato dalla Wild Blueberry Association of North America, 2020 Research grant.
- Participation at the project "An integrated approach to the challenge of sustainable food systems: adaptive and mitigatory strategies to address climate change and malnutrition- Progetto MIMOSA -finanziato dal Mipaaaf nell'ambito del progetto SYSTEMIC(ERA-HDHL - Knowledge Hub on Food and Nutrition Security)
- Principal investigator of the project "Dietary Patterns, Foods and Nutrients: interconnections and implications on human health". Funded by DeFENS (progetto sostegno alla ricerca fondi linea 2-azione A anno 2019).
- Principal investigator of the project "Dietary Patterns, Foods and Nutrients: interconnections and implications on human health". Funded by DeFENS (progetto sostegno alla ricerca fondi linea 2-azione A anno 2018).
- Head of UMIL Unit of the project "Microbiome-tailored food products based on typical Mediterranean components". Funded by MIUR (BANDO PRIN 2017)
- Principal investigator of the project "Impact of diet, environment and lifestyles on human health". Funded by DeFENS (progetto sostegno alla ricerca fondi linea 2-azione A anno 2018)
- Principal investigator of the project "Influence of diet on the gut microbiome and human health" Funded by DeFENS (progetto sostegno alla ricerca fondi linea 2-azione A anno 2017)
- Substitute MEMBER COMMITTEE at the European Cooperation in Science and Technology (COST ACTION) "CA 15232-The comet assay as a human biomonitoring tool (hCOMET)". Participation at WG 3 (ring studies to test the robustness of standard protocols) and WG 6 (suitability of different types of human cells for comet assay analysis)
- Member at the European Cooperation in Science and Tecnology (COST ACTION) "CA 16112- Personalized Nutrition in aging society: redox control of major age-related diseases." Participation at WG 3 2 (impact of redox active secondary metabolites on the organisms) and WG3 (impact on and by the microbiome)
- Collaboration at the project "Gut and blood microbiomics for studying the effect of a polyphenolic-rich dietary pattern on intestinal permeability in the elderly." Funding under the Joint Programming Initiative (A Healthy Diet for a Healthy Life-JPI HDHL)

### Honours and awards

- Italian habilitation as Associate Professor in Applied Dietary Science conferred on September 2018
- Winner of the Financing Fund of Basic Research Activities (FFABR) 2018
- Young investigator SINU-2013

### Memberships

- 2017-2022 Secretary and Regional delegate (Lombardy and Piedmont) of the Italian Society of Human Nutrition SINU Young
- From 2016 member of the International Society "Groupe Polyphénols"

## Editorial activities

- From 2008 member of the Italian Society of Human Nutrition (SINU)
- Guest editor of the Special Issue "Dietary Bioactives and Human Health" for the journal "Nutrients" (IF 4.196) (February 2018 – April 2019)
- From 2016 member of the Editorial Board of the International Journal of Food Sciences and Nutrition (IF 2.317)
- Reviewer of the following scientific journals with IF: 1) Nutrients; 2) International Journal of Food Sciences and Nutrition; 3) European Journal of Nutrition; 4) Food Chemistry; 5) Journal of Agriculture and Food Chemistry; 6) Food and Function; 7) Scientific Report; 8) Mutation Research

## Courses

- "Functional Foods and Nutraceuticals" (6 CFU) MS in Biotechnology for the Bioeconomy
- Fundamentals of Nutrition and Food Science (6CFU) MS in Human Nutrition
- "Methodological approaches and issues to the study of health related impact of foods and their components" (3 CFU) PhD programme in Food System

## Personal information

I authorize the handling of personal information in this curriculum, according to D.Lgs n. 196/03 and following modifications and Regulations EU 679/2016 (General Regulations concerning Data Protection or GRDP) and art. 7 of University Regulations concerning protection of personal information.

I authorize, according to D.Lgs 14/03/2013 n. 33 concerning transparency, in case of conferment of the position and of the fellowship, the publication of this curriculum in the web site of Università degli Studi di Milano in the section "Amministrazione trasparente", "Consulenti e collaboratori"

## Date

12/12/2022