

PERSONAL INFORMATION

Verduci Elvira

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WORK EXPERIENCE

23/12/2013–Present

Researcher in Pediatrics

Dipartimento di Scienze della Salute, Clinica Pediatrica, Azienda Ospedaliera San Paolo-Milano

From 1 April 2017 Temporary Researcher letter B in Pediatrics at University of Milan, Department of Health Sciences, San Paolo Hospital. From July 2014 she has primary responsibility in diagnosis and management of childhood overweight/obesity and related metabolic disorders, celiac disease and gluten-sensitivity at Department of Pediatrics San Paolo Hospital Department of Health Sciences, University of Milan, Italy.

Main expertise in nutrition and metabolism, both in clinic and research aspect. Particularly involved in infant and child nutrition for the prevention of later non-communicable disease, in the management of vegetarian/vegan diet in children, in nutritional management of difficult circumstances (malnourished children, children affected by eating disorders or inborn errors of metabolism). The number and type of publications, the invited talks and the oral presentations in meeting, the international collaborations can support this expertise (H index 23; 113 papers; 1613 citations) .

From 1 November of 2015 she is the scientific responsible (PI) for University of Milan of the EARLY NUTRITION Project: Long term effects of early nutrition on later health. Project EU FP7-KBBE-2011-289346

1st October 2017- 30 September 2020. The centre for childhood obesity at Department of Pediatrics San Paolo Hospital Department of Health Sciences, University of Milan, Italy, has been granted EASO Collaborating Centres for Obesity Management (COMs) Paediatric Section.

2017 – 2020 Member of Committee of Nutrition- European Society for Pediatric Gastroenterology, Hepatology and Nutrition (ESPGHAN).

01/11/2003–30/11/2016

Clinica Pediatrica dell'Azienda Ospedaliera San Paolo- Milano

December 2013- 2016 Temporary Researcher letter A, University of Milan, Department of Health Sciences

November 2008- 2013 Temporary researcher associate, Department of Health Sciences/University of Milan

November 2003- October 2007 consultant in Department of Pediatrics San Paolo Hospital, Milan.

EDUCATION AND TRAINING

11/2003–11/2006

Clinical nutrition doctor's degree

Università degli Studi di Milano

11/1998–10/2003

Post-graduated at the School of Pediatrics

Università degli Studi di Milano

11/1992–10/1998

Graduated Medical Doctor at the School of Medicine

Università degli Studi di Milano

PERSONAL SKILLS

Mother tongue(s) Italian

Foreign language(s)

	UNDERSTANDING		SPEAKING		WRITING
	Listening	Reading	Spoken interaction	Spoken production	
inglese	C1	C1	C1	C1	C1

Levels: A1 and A2: Basic user - B1 and B2: Independent user - C1 and C2: Proficient user
 Common European Framework of Reference for Languages

Communication skills Excellent communication skills through the experience of a speaker at national and international conferences

Organisational / managerial skills

From 2002 she has been involved in the UMIL team in the following European Community Projects

- “CHOP”: Childhood Obesity Program n° QLK1-CT-2001-00389
- EARNEST : EARly Nutrition programming- long term follow up of Efficacy and Safety Trials and integrated epidemiological, genetic, animal, consumer and economic research. Contract no.: 007036.
- NUTRIMENTHE: The Effect of diet on mental performance in children Contract no.: 212652.

From 1 November of 2015 she has been the scientific responsible (PI) for University of Milan of the EARLY NUTRITION Project: Long term effects of early nutrition on later health. Project EU FP7-KBBE-2011-289346

Job-related skills

2003-2006 During the PhD in clinical nutrition she studied the relationship between genetic polymorphisms, fatty acid status and metabolic complications in obese children.

1998-2003 Postgraduate School of Pediatrics, University of Milan, San Paolo Hospital, Milan. In this period she has been involved in the treatment and diagnosis of patients affected by inborn errors of metabolism. In 2002 she attended the Department of Gastroenterology (Prof Goulet) and of Inborn Error of Metabolism (Prof Saudobray) at “Hopital Necker Enfants” in Paris.

1996-1998 Medical student at the Department of Pediatrics, University of Milan San Paolo Hospital, Milan with specific training in molecular biology attending the Molecular Biology Laboratory in San Paolo Hospital. She personally performed DNA extraction from blood cells, Polymerase Chain Reaction and genetic sequencing searching for mutations in phenylalanine-hydroxylase. Her doctoral thesis has been aimed at investigating the genotype-phenotype relationship in hyperphenylalaninemias.

Digital skills

Good command of Microsoft Office tools
 Good command of the SPSS statistics program

ADDITIONAL INFORMATION

Dichiarazione

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Publications

ANNEXES

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Elvira Verduci

elenco pubblicazioni ultimi 5 anni.pdf

Articoli originali (ultimi 5 anni)

1. Lezo A, Capriati T, Spagnuolo MI, Lacitignola L, Goreva I, Di Leo G, Cecchi N, Gandullia P, Amarri S, Forchielli ML, Dipasquale V, Parma B, Gatti S, Ravaioli E, Salvatore S, Mainetti M, Norsa L, Pellegrino M, Fornaro M, Fiorito V, Lanari M, Giaquinto E, **Verduci E**, Baldassarre ME, Diamanti A. Paediatric Home Artificial Nutrition in Italy: Report from 2016 Survey on Behalf of Artificial Nutrition Network of Italian Society for Gastroenterology, Hepatology and Nutrition (SIGENP). *Nutrients*. 2018;10:1311.
2. Proserpio C, Pagliarini E, Zuvadelli J, Paci S, Re Dionigi A, Banderali G, Cattaneo C, **Verduci E**. Exploring Drivers of Liking of Low-Phenylalanine Products in Subjects with Phenylketonuria Using Check-All-That-Apply Method. *Nutrients*. 2018;10:1179.
3. Valerio G, Maffei C, Saggese G, Ambruzzi MA, Balsamo A, Bellone S, Bergamini M, Bernasconi S, Bona G, Calcaterra V, Canali T, Caroli M, Chiarelli F, Corciulo N, Crinò A, Di Bonito P, Di Pietrantonio V, Di Pietro M, Di Sessa A, Diamanti A, Doria M, Fintini D, Franceschi R, Franzese A, Giussani M, Grugni G, Iafusco D, Iughetti L, Lamborghini A, Licenziati MR, Limauro R, Maltoni G, Manco M, Reggiani LM, Marcovecchio L, Marsciani A, Del Giudice EM, Morandi A, Morino G, Moro B, Nobili V, Perrone L, Picca M, Pietrobelli A, Privitera F, Purromuto S, Ragusa L, Ricotti R, Santamaria F, Sartori C, Stilli S, Street ME, Tanas R, Trifirò G, Umamo GR, Vania A, **Verduci E**, Zito E. Diagnosis, treatment and prevention of pediatric obesity: consensus position statement of the Italian Society for Pediatric Endocrinology and Diabetology and the Italian Society of Pediatrics. *Ital J Pediatr*. 2018;44:88.
4. Luque V, Escribano J, Closa-Monasterolo R, Zaragoza-Jordana M, Ferré N, Grote V, Koletzko B, Totzauer M, **Verduci E**, ReDionigi A, Gruszfeld D, Socha P, Rousseaux D, Moretti M, Oddy W, Ambrosini GL. Unhealthy Dietary Patterns Established in Infancy Track to Mid-Childhood: The EU Childhood Obesity Project. *J Nutr*. 2018;148:752-759.
5. **Verduci E**, Bianchi A, Brambilla M, Calvani M. Egg introduction during complementary feeding according to allergic risk: not just for peanuts! *Ital J Pediatr*. 2018;44:77.
6. Totzauer M, Luque V, Escribano J, Closa-Monasterolo R, **Verduci E**, ReDionigi A, Hoyos J, Langhendries JP, Gruszfeld D, Socha P, Koletzko B, Grote V; European Childhood Obesity Trial Study Group. Effect of Lower Versus Higher Protein Content in Infant Formula Through the First Year on Body Composition from 1 to 6 Years: Follow-Up of a Randomized Clinical Trial. *Obesity* 2018;26:1203-1210
7. **Verduci E**, Moretti F, Bassanini G, Banderali G, Rovelli V, Casiraghi MC, Morace G, Borgo F, Borghi E. Phenylketonuric diet negatively impacts on butyrate production. *Nutr Metab Cardiovasc Dis*. 2018;28:385-392
8. Francavilla R, Cristofori F, Verzillo L, Gentile A, Castellana S, Polloni C, Giorgio V, **Verduci E**, D'Angelo E, Dellatte S, Indrio F. Randomized Double-Blind Placebo-Controlled Crossover Trial for the Diagnosis of Non-Celiac Gluten Sensitivity in Children. *Am J Gastroenterol*. 2018;113:421-430.
9. Gomes D, Luque V, Xhonneux A, **Verduci E**, Socha P, Koletzko B, Berger U, Grote V. A simple method for identification of misreporting of energy intake from infancy to school age: Results from a longitudinal study. *Clin Nutr*. 2018;37:1053-1060.
10. Closa-Monasterolo R, Zaragoza-Jordana M, Ferré N, Luque V, Grote V, Koletzko B, **Verduci E**, Vecchi F, Escribano J; Childhood Obesity Project Group. Adequate calcium intake during long periods improves bone mineral density in healthy children. Data from the Childhood Obesity Project. *Clin Nutr*. 2018;37:890-896.
11. Rzehak P, Covic M, Saffery R, Reischl E, Wahl S, Grote V, Weber M, Xhonneux A, Langhendries JP, Ferré N, Closa-Monasterolo R, Escribano J, **Verduci E**, Riva E, Socha P, Gruszfeld D, Koletzko B. DNA-Methylation and Body Composition in Preschool Children: Epigenome-Wide-Analysis in the European Childhood Obesity Project (CHOP)-Study. *Sci Rep*. 2017;7:14349.
12. Schwarzfischer P, Weber M, Gruszfeld D, Socha P, Luque V, Escribano J, Xhonneux A, **Verduci E**, Mariani B, Koletzko B, Grote V. BMI and recommended levels of physical activity in school children. *BMC Public Health*. 2017;17:595.
13. Ferré N, Rubio-Torrents C, Luque V, Closa-Monasterolo R, Grote V, Koletzko B, Socha P, Gruszfeld D, Langhendries JP, Sengier A, **Verduci E**, Escribano J; European Childhood

- Obesity Project Group. Influence of Feeding Types during the First Months of Life on Calciuria Levels in Healthy Infants: A Secondary Analysis from a Randomized Clinical Trial. *Ann Nutr Metab.* 2017;70:132-9.
14. Pawellek I, Grote V, Theurich M, Closa-Monasterolo R, Stolarczyk A, **Verduci E**, Xhonneux A, Koletzko B. Factors associated with sugar intake and sugar sources in European children from 1 to 8 years of age. *Eur J Clin Nutr.* 2017;71:25-32.
 15. Pérez-García M, Luna JD, Torres-Espínola FJ, Martínez-Zaldívar C, Anjos T, Steenwegde Graaff J, Weber M, Grote V, Gruszfeld D, **Verduci E**, Poncelet P, Escribano J, Tiemeier H, Koletzko B, Campoy C. Cultural effects on neurodevelopmental testing in children from six European countries: an analysis of NUTRIMENTHE Global Database. *Br J Nutr* 2017 7:1-9.
 16. **Verduci E**, Martelli A, Miniello VL, Landi M, Mariani B, Brambilla M, Diaferio L, Peroni DG. Nutrition in the first 1000 days and respiratory health: A descriptive review of the last five years' literature. *Allergol Immunopathol* 2017;45:405-413.
 17. Closa-Monasterolo R, Gispert-Llaurado M, Canals J, Luque V, Zaragoza-Jordana M, Koletzko B, Grote V, Weber M, Gruszfeld D, Szott K, **Verduci E**, ReDionigi A, Hoyos J, Brasselle G, Escribano Subías J. The Effect of Postpartum Depression and Current Mental Health Problems of the Mother on Child Behaviour at Eight Years. *Matern Child Health J.* 2017;21:1563-1572.
 18. Marangoni F, Galli C, Ghiselli A, Lercker G, La Vecchia C, Maffei C, Agostoni C, Ballardini D, Brignoli O, Faggiano P, Giacco R, Macca C, Magni P, Marelli G, Marrocco W, Miniello VL, Mureddu GF, Pellegrini N, Stella R, Troiano E, **Verduci E**, Volpe R, Poli A. Palm oil and human health. Meeting report of NFI: Nutrition Foundation of Italy symposium. *Int J Food Sci Nutr.* 2017;31:1-13.
 19. Baldi I, Soriani N, Lorenzoni G, Azzolina D, Dal Lago E, De Bardi S, **Verduci E**, Zanotti R, Gregori D. Research in Nursing and Nutrition: Is Randomized Clinical Trial the Actual Gold Standard? *Gastroenterol Nurs* 2017;40:63-70.
 20. Moretti F, Pellegrini N, Salvatici E, Rovelli V, Banderali G, Radaelli G, Scazzina F, Giovannini M, **Verduci E**. Dietary glycemic index, glycemic load and metabolic profile in children with phenylketonuria. *Nutr Metab Cardiovasc Dis.* 2017;27:176-82
 21. Riva A, Borgo F, Lassandro C, **Verduci E**, Morace G, Borghi E, Berry D. Pediatric obesity is associated with altered gut microbiota and discordant shifts in Firmicutes populations. *Environ Microbiol.* 2017;19:95-105.
 22. **Verduci E**, Banderali G, Peroni D, Lassandro C, Radaelli G. Duration of Exclusive Breastfeeding and Wheezing in the First Year of Life: a Longitudinal Study. *Allergol Immunopathol.* 2017;45:316-324.
 23. Borgo F, **Verduci E**, Riva A, Lassandro C, Riva E, Morace G, Borghi E. Relative Abundance in Bacterial and Fungal Gut Microbes in Obese Children: A Case Control Study. *Child Obes.* 2017;13:78-84.
 24. Lassandro C, Banderali G, Mariani B, Battezzati A, Diaferio L, Miniello VL, Radaelli G, **Verduci E**. Serum salicylic acid and fruit and vegetable consumption in obese and normal-weight children: a pilot-study. *Int J Food Sci Nutr.* 2016;2:1-6.
 25. Pawellek I, Grote V, Rzehak P, Xhonneux A, **Verduci E**, Stolarczyk A, Closa-Monasterolo R, Reischl E, Koletzko B, European Childhood Obesity Trial Study Group. Association of TAS2R38 variants with sweet food intake in children aged 1-6 years. *Appetite* 2016;107:126-34.
 26. Salvatore S, Barberi S, Borrelli O, Castellazzi A, Di Mauro D, Di Mauro G, Doria M, Francavilla R, Landi M, Martelli A, Miniello VL, Simeone G, **Verduci E**, Verga C, Zanetti MA, Staiano A, SIPPS Working Group on FGDs. Pharmacological interventions on early functional gastrointestinal disorders. *Italian J Pediatr* 2016; 42:68.
 27. Damianidi L, Gruszfeld D, **Verduci E**, Vecchi F, Xhonneux A, Langhendries JP, Luque V, Theurich MA, Zaragoza-Jordana M, Koletzko B, Grote V. Protein intakes and their nutritional sources during the first 2 years of life: secondary data evaluation from the European Childhood Obesity Project. *Eur J Clin Nutr.* 2016;70:1291-1297.
 28. Gruszfeld D, Weber M, Gradowska K, Socha P, Grote V, Xhonneux A, Dain E, **Verduci E**, Riva E, Closa-Monasterolo R, Escribano J, Koletzko B; European Childhood Obesity

- Study Group. Association of early protein intake and pre-peritoneal fat at five years of age: Follow-up of a randomized clinical trial. *Nutr Metab Cardiovasc Dis.* 2016 Sep;26(9):824-32
29. Rzehak P, Saffery R, Reischl E, Covic M, Wahl S, Grote V, Xhonneux A, Langhendries JP, Ferre N, Closa-Monasterolo R, **Verduci E**, Riva E, Socha P, Gruszfeld D, Koletzko B; European Childhood Obesity Trial Study group. Maternal Smoking during Pregnancy and DNA-Methylation in Children at Age 5.5 Years: Epigenome-Wide-Analysis in the European Childhood Obesity Project (CHOP)-Study. *PLoS One.* 2016;11:e0155554.
 30. Gruszfeld D, Kułaga Z, Wierzbicka A, Rzehak P, Grote V, Martin F, Poncelet P, Closa-Monasterolo R, Escibano J, **Verduci E**, Riva E, Koletzko B. Leptin and Adiponectin Serum Levels from Infancy to School Age: Factors Influencing Tracking. *Child Obes.* 2016;12:179-87.
 31. Gispert-Llaurado M, Perez-Garcia M, Escibano J, Closa-Monasterolo R, Luque V, Grote V, Weber M, Torres-Espínola FJ, Czech-Kowalska J, **Verduci E**, Martin F, Piqueras MJ, Koletzko B, Decsi T, Campoy C, Emmett PM; EU Childhood Obesity Trial (CHOP) Study Group; NUHEAL Study Group. Fish consumption in mid-childhood and its relationship to neuropsychological outcomes measured in 7-9 year old children using a NUTRIMENTHE neuropsychological battery *Clin Nutr.* 2016;35:1301-1307.
 32. Collell R, Closa-Monasterolo R, Ferré N, Luque V, Koletzko B, Grote V, Janas R, **Verduci E**, Escibano J. Higher protein intake increases cardiac function parameters in healthy children: metabolic programming by infant nutrition-secondary analysis from a clinical trial. *Pediatr Res.* 2016;79:880-8.
 33. Marangoni F, Cetin I, **Verduci E**, Canzone G, Giovannini M, Scollo P, Corsello G, Poli. Maternal Diet and Nutrient Requirements in Pregnancy and Breastfeeding. An Italian Consensus Document. *Nutrients.* 2016;8.
 34. **Verduci E**, Banderali G, Moretti F, Lassandro C, Cefalo G, Radaelli G, Salvatici E, Giovannini M. Diet in children with phenylketonuria and risk of cardiovascular disease: A narrative overview. *Nutr Metab Cardiovasc Dis* 2016;26:171-7.
 35. Escibano J, Luque V, Canals-Sans J, Ferré N, Koletzko B, Grote V, Weber M, Gruszfeld D, Szott K, **Verduci E**, Riva E, Brasselle G, Poncelet P, Closa-Monasterolo R. Mental performance in 8-year-old children fed reduced protein content formula during the 1st year of life: safety analysis of a randomised clinical trial. *Br J Nutr* 2016; 22:1-9.
 36. Grote V, **Verduci E**, Scaglioni S, Vecchi F, Contarini G, Giovannini M, Koletzko B, Agostoni C. Breast milk composition and infant nutrient intakes during the first 12 months of life. *Eur J Clin Nutr.* 2016;70:250-6.
 37. **Verduci E**, Lassandro C, Giacchero R, Miniello VL, Banderali G, Radaelli G. Change in Metabolic Profile after 1-Year Nutritional-Behavioral Intervention in Obese Children. *Nutrients.* 2015;7:10089-99.
 38. Banderali G, Martelli A, Landi M, Moretti F, Betti F, Radaelli G, Lassandro C, **Verduci E**. Short and long term health effects of parental tobacco smoking during pregnancy and lactation: a descriptive review. *J Transl Med.* 2015;13:327.
 39. Lassandro C, Banderali G, Radaelli G, Borghi E, Moretti F, **Verduci E**. Docosahexaenoic Acid Levels in Blood and Metabolic Syndrome in Obese Children: Is There a Link? *Int J Mol Sci.* 2015;16:19989-20000.
 40. **Verduci E**, Lassandro C, Radaelli G, Soldati L. Docosahexaenoic acid and non-alcoholic fatty liver disease in obese children: a novel approach? *J Transl Med.* 2015;13:109.
 41. Barberi S, Ciprandi G, **Verduci E**, D'Auria E, Poli P, Pietra B, Incorvaia C, Buttafava S, Frati F, Riva E. Effect of high-dose sublingual immunotherapy on respiratory infections in children allergic to house dust mite. *Asia Pac Allergy.* 2015;5:163-9.
 42. Fekete K, Györei E, Lohner S, **Verduci E**, Agostoni C, Decsi T. Long-chain polyunsaturated fatty acid status in obesity: a systematic review and meta-analysis. *Obes Rev.* 2015;16:488-97.
 43. Gruszfeld D, Weber M, Nowakowska-Rysz M, Janas R, Kozlik-Feldmann R, Xhonneux A, Carlier C, Riva E, **Verduci E**, Closa-Monasterolo R, Escibano J, Dobrzanska A, Koletzko B. Protein Intake in Infancy and Carotid Intima Media Thickness at 5 Years - A Secondary Analysis from a Randomized Trial. *Ann Nutr Metab.* 2015;66:51-9

44. Kirchberg FF, Harder U, Weber M, Grote V, Demmelmair H, Peissner W, Rzehak P, Xhonneux A, Carlier C, Ferre N, Escribano J, **Verduci E**, Socha P, Gruszfeld D, Koletzko B, Hellmuth C; for The European Childhood Obesity Trial Study Group. Dietary protein intake affects amino acid and acylcarnitine metabolism in infants aged 6 months. *J Clin Endocrinol Metab.* 2014 *J Clin Endocrinol Metab.* 2015;100:149-58.
45. D'Auria E, Barberi S, **Verduci E**, Boccardi D, Radaelli G, Riva E. Serum cholesterol profile in young children with atopic dermatitis. *J Paediatr Child Health.* 2014;50:1031-2.
46. Giovannini M, **Verduci E**, Gregori D, Ballali S, Soldi S, Ghisleni D, Riva E; PLAGOS Trial Study Group. Prebiotic effect of an infant formula supplemented with galacto-oligosaccharides: randomized multicenter trial. *J Am Coll Nutr.* 2014;33:385-93.
47. Rzehak P, Hellmuth C, Uhl O, Kirchberg FF, Peissner W, Harder U, Grote V, Weber M, Xhonneux A, Langhendries JP, Ferre N, Closa-Monasterolo R, **Verduci E**, Riva E, Socha P, Gruszfeld D, Koletzko B; European Childhood Obesity Trial Study Group. Rapid growth and childhood obesity are strongly associated with lysoPC(14:0). *Ann Nutr Metab.* 2014;64:294-303.
48. Vecchio MG, Paramesh EC, Paramesh H, Loganes C, Ballali S, Gafare CE, **Verduci E**, Gulati A. Types of food and nutrient intake in India: a literature review. *Indian J Pediatr.* 2014 Sep;81 Suppl 1:17-22.
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52. Giovannini M, D'Auria E, Caffarelli C, **Verduci E**, Barberi S, Indinnimeo L, Dello Iacono I, Martelli A, Riva E, Bernardini R. Nutritional management and follow up of infants and children with food allergy: Italian Society of Pediatric Nutrition/Italian Society of Pediatric Allergy and Immunology Task Force Position Statement. *Ital J Pediatr.* 2014;40:1.
53. **Verduci E**, Agostoni C, Radaelli G, Banderali G, Riva E, Giovannini M. Blood lipids profile in hyperlipidemic children undergoing different dietary long chain polyunsaturated supplementations: a preliminary clinical trial. *Int J Food Sci Nutr.* 2014;65:375-9.
54. **Verduci E**, Pozzato C, Banderali G, Radaelli G, Arrizza C, Rovere A, Riva E, Giovannini M. Changes of liver fat content and transaminases in obese children after 12-mo nutritional intervention. *World J Hepatol* 2013;5:505-12.
55. Norsa L, Shamir R, Zevit N, **Verduci E**, Hartman C, Ghisleni D, Riva E, Giovannini M. Cardiovascular disease risk factor profiles in children with celiac disease on gluten-free diets. *World J Gastroenterol.* 2013;19:5658-64.
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57. Rzehak P, Grote V, Lattka E, Weber M, Gruszfeld D, Socha P, Closa-Monasterolo R, Escribano J, Giovannini M, **Verduci E**, Goyens P, Martin F, Langhendries JP, Demmelmair H, Klopp N, Illig T, Koletzko B; for the European Childhood Obesity Trial Study Group. Associations of IGF-1 gene variants and milk protein intake with IGF-I concentrations in infants at age 6months - Results from a randomized clinical trial. *Growth Horm IGF Res* 2013;23:149-58.
58. Luque V, Escribano J, Mendez-Riera G, Schiess S, Koletzko B, **Verduci E**, Stolarczyk A, Martin F, Closa-Monasterolo R. Methodological Approaches for Dietary Intake Assessment in Formula-fed Infants. *J Pediatr Gastroenterol Nutr.* 2013;56:320-7.
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60. **Verduci E**, Arrizza C, Riva E, Giovannini M. Microbiota and infantile colic: what's new?
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Total citations 1617