

WELCOME

2018-2019

*Small guide for
International Students*





UNIVERSITÀ DEGLI STUDI
DI MILANO

Small Guide for
International Students

2018/2019

welcome

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**Welcome Desk
International students**

De
Welcome
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Introduction

Students who decide to study in Italy often find themselves thrown into a system and a culture very different from those of their own countries; they have to also deal with unfamiliar and sometimes complex bureaucratic procedures.

It was for this reason that the Welcome Desk of the International Students Office was created, a University service for students, doctoral students and interns who come to Milan for the first time. The service is also dedicated to those who already live in the city and need to verify the validity of academic qualifications obtained abroad in order to enrol in one of our courses.

The Desk is the reference point for all the initial necessities of your new adventure in Milan and at the university. This short guide will outline the various steps you need to take in order to:

- obtain the documents necessary for living in Italy
- enrol in a course
- take an Italian language course
- take advantage of the services and opportunities offered by the University
- live and get around in the city of Milan.

For further information you can contact the
International Students Office - Welcome Desk

via S. Sofia, 9/1

international.students@unimi.it

The Desk is open by appointment only: Mon.-Wed.-Fri. from 9 a.m. to 12.00 p.m. Tue.-Thur. from 1 p.m to 3 p.m.

To book an appointment:

<http://www.unimi.it/ENG/student/52904.htm>

Suggestions

- All information about the University can be found on our portal www.unimi.it.
- A lot of general information – which also concerns Italian customs and lifestyle – can be found at www.universitaly.it/index.php/ website run by the Ministry of Universities and Research (MIUR).



Offices for international students

Enrolment and validation of foreign qualifications

Sportello Studenti Internazionali (International Students Office)

via S. Sofia, 9/1

Mon. - Wed. - Fri. from 9 a.m. to 12.00 p.m.

Tue. - Thur. from 1 p.m to 3 p.m.

international.students@unimi.it

To book an appointment it is necessary to register in our website www.unimi.it and access the Infostudenti service.

To receive guidance, choose a course and discover internships and job opportunities, contact

COSP - Centro per l'Orientamento allo Studio e alle Professioni (Study and Career Guidance Centre)

via Santa Sofia, 9/1

Guidance: tel. +39 02 503.12113 - 12145

Internships and work placements: tel. +39 02 503.12032

fax +39 02 503.12146

To contact the office or book an individual interview:

www.unimi.infostudente.it → Orientamento alla scelta del corso e supporto allo studio → Sportello orientamento

Information on EU Training Programmes

Ufficio accordi e relazioni internazionali (International Agreements and Relations office)

Sezione accordi in materia di formazione

(Training Agreements Section)

via Festa del Perdono, 7

tel. +39 02 503.13500

international.agreements@unimi.it

Students on mobility programmes (Erasmus + and other programmes)

**Ufficio accordi e relazioni internazionali
(International Relations office)**

via Festa del Perdono, 7

Incoming mobility: tel. +39 02 503.13507

mobility.in@unimi.it

To enrol in a vocational master or an advanced course

**Ufficio formazione permanente e continua
(Permanent Training office)**

via Festa del Perdono, 7

tel. +39 02.503.12093

fax +39 02.503.12300

From Monday to Friday, 9 a.m. - 12 p.m.

master@unimi.it

perfezionamento@unimi.it

Facilities for university education (scholarships, accommodations and refectories)

Education incentive programme (by appointment only)

via Santa Sofia, 9

To contact the office or book an appointment:

www.unimi.infostudente.it → Borse di studio, alloggi, mense ed opportunità per studenti





The first things to do with regard to residency documents

The first things to do with regard to residency documents

In order to live in Italy, both European and non-European students are required to obtain certain official documents in order to formalize their right of residence.

In view of facilitating the procedure, we have arranged the necessary information in a specific order, which we suggest you to follow step by step: in fact, you have to hold some documents before applying for others.

Italian Tax code

The tax code or “codice fiscale” is an identification code issued by the Ministry of Finance which is needed in order to open a current account or sign contracts. Citizens **residing abroad** can request it to the Italian consular-diplomatic representation in their country of residence. In Italy it can be requested from your local “Ufficio delle Entrate” (Tax office). A complete list of offices in the Lombardy region can be found on the website <http://lombardia.agenziaentrate.it/>. Remember to bring with you your passport.

Health insurance

It is extremely important to have valid health insurance, as it is also required in order to apply for a residence permit within 8 days of your arrival in the country.

Perhaps you already have health insurance, which was taken out in your home country and validated by the diplomatic representation prior to your departure. If not, the two safest options are:

- voluntary registration with the **Italian national health service** (Servizio Sanitario Nazionale or SSN), which gives you the opportunity to choose a doctor (general practitioner), who will deal with health problems free of charge, and prescribe medicines, tests and specialist examinations when necessary. Registration is valid until 31st December.
- the **W.A.I. (Welcome Association Italy)** private policy, which covers emergency health treatments in public hospitals, providing also a few extra services, 3 times a year each.

Registration with the SSN

EU citizens:

You can directly access the Italian National Health Service (SSN) without paying any subscription only for the first three months. If you are staying in Italy for more than 3 months the European Health insurance card entitles you to benefit of necessary health treatments but for a complete health coverage you should obtain the S1 form before leaving your country.

You can register with the SSN free of charge visiting one of the local health offices (ATS or Agenzia Tutela della Salute)

To register, the following documents are necessary:

- self-certificate of enrolment at University
- Italian tax code (codice fiscale)
- copy of your passport/ID card
- S1 form



At the moment of registration you should also communicate the name of the general practitioner of your choice.

If you don't have the S1 form, you can voluntarily register with the SSN paying a subscription fee and following the same procedure as non-EU citizens.

Non-EU citizens:

To register with the SSN, you should

1. go to a post office and use a **payment slip** to make a payment of 149.77 euros (cost of the service for one solar year) to post office current account n.379222, registered to: Amministrazione P.T. Regione Lombardia, specifying the following reason for payment "Iscrizione volontaria al SSN" (which means voluntary registration to SSN).
2. registering with the local health authority (ATS or Agenzia Tutela della Salute) office nearest to your residence address (you will find all the addresses on the website www.salute.gov.it bringing with you:
 - your payment receipt
 - Italian tax code
 - passport
 - your residence permit application receipt
 - self-certification of enrolment to our University.

W.A.I. (Welcome Association Italy) private policy

To subscribe to the policy you should visit the website <http://www2.waitaly.net/en/>, where you can find information about the policy services, conditions and payment methods.

Costs and validity: 120 € for 12 months' assistance and 71 € for 6 months' assistance (from the day of purchase).

Residence permit

First application

If you are an **EU citizen**, you do not require a residence permit as such, but **you have to register** with your local civil records office.

If you live in Milan you can book an appointment on the website www.comune.milano.it → Servizi online → Servizi Anagrafici → Residenza stranieri.

On the day of the appointment, you **have to take the following** to the civil records office:

1. your passport or identity card
2. self-certification of enrolment at our University
3. a photocopy of the documentation demonstrating the availability of adequate financial resources, for example, proof that you hold a scholarship or details of your current account.

If you are a **non-EU citizen**, you have to fill in and submit the **residence permit application kit**. You can ask for the kit at the Welcome Desk, where someone will help you to fill it in. It has to be submitted to a post office displaying the “Sportello amico” logo, along with:

1. 1 photocopy of your passport (only the pages with your personal details and the visa stamp)
2. documentation stating the chosen course and its duration and the stamp of the Italian diplomatic representation which issued the visa (form A)
3. a copy of the receipt of payment of the health insurance.

The post office will give you an official document (lettera di convocazione) with the date of your appointment with the specific branch of the Commissariato or Ufficio Immigrazione where you have to show up.

On the day of the appointment, do not forget to bring with you the original documents enclosed in the kit, the post office receipt and 2 passport size photographs.



➡ Please note

We suggest to address to the Ufficio Multilingue of Poste Italiane in Via Cordusio 4, Milano (opening hours: from Monday to Friday 8.20 - 19.05; on Saturdays 8.20 - 12.35)

Renewal

In order to renew your residence permit you have to fill in the application kit, **specifying that it is a renewal**. Deliver the kit to any post office displaying the "Sportello amico" logo, along with the following documents:

1. photocopy of your passport (only the pages with your personal details and the visa stamp)
2. a copy of your residence permit
3. a copy of the documentation demonstrating the availability of adequate financial resources, for example, proof that you hold a scholarship or details of your current account
4. a certificate of enrolment with exams taken (if you live in Milan a formal statement replacing the certificate is accepted)
5. copy of the receipt of payment of the health insurance.

➡ Please note

It is advisable to begin the renewal procedure **60 days before the expiry date**.

Costs

- € 16 for 1 revenue stamp (available at any tobacconist's), which has to be stuck on your residence permit application
- € 30 to be paid at the post office at the application acceptance
- € 70,46 to be paid at the post office for the issue of an **electronic residence permit**.

Current account

To open a current account you have to:

- be at least 18 years old
- have a valid identity document
- have an Italian tax code
- never have been subjected to bankruptcy proceedings
- deposit a small initial sum.

➡ Please note

Most banks are open from 8.30 a.m. to 1.30 p.m. and from 3 p.m. to 4 p.m.





The first things to do at the University

The first things

Students

Italian language test

If you are from a **non-EU country**, you have to take the **Italian language test** before enrolling in your chosen course, unless it is entirely taught in English or it is a Master's programme.

You are exempted from the test also if you hold one of the following certificates at B2 level of the Common European Framework of Reference for Languages:

- CELI
- ROMA IT
- PLIDA
- CILS
- CLIQ

The test venue and the results are available on the university website at the page www.unimi.it/ENG/courses/31192.htm and on the "International Students" **notice board at the Welcome Desk**.

Admission and non selective knowledge assessing tests

If you have **chosen a course with a limited number of places**, you have to pass the **admission test**, before enrolling.

For other courses is mandatory (and part of the application) **to take a non selective test** aimed at assessing applicants knowledges in specific disciplinary field, before enrolling.

It is very important to register to the test in time, following the instructions contained in the **call for applications** of each course published on the page of the university website www.unimi.it/ENG/courses/89365.htm

➡ Please note

Non-EU students, who submitted their pre-enrolment application to the Embassy, compete for reserved places.

Enrolment

Candidates who have taken the exam must enrol **by the dates set in the call for applications** of the chosen course.

To apply online follow these steps:

- register to the Unimi portal following the link www.unimi.it/ENG/registration.htm if you are not yet

- login to “Servizi online SIFA”, then select “Servizi di immatricolazione e iscrizione” → Immatricolazione/Enrolment
- enter the required details and *upload* a photo and an identity document (jpg, png, bmp max 2 MB)
- pay the first instalment of the enrolment fee (156 euros) by using your credit card (Visa or Mastercard) or by printing the MAV form downloadable at the end of the online enrolment procedure that can be paid – exclusively in Italy – at any bank agency, online banking or ATM.

In order to complete the enrolment all students have to book an appointment with the International Students Desk to submit the required documents (listed in the Admission section of our website).

In any case students have to hand in:

- a translated and authenticated copy of their diploma or bachelor
- a copy of the declaration of value or equivalent certification
- a copy of their passport (only the pages with the personal details and the entry visa stamp).



Submission of Embassy documentation

If you are a **non European student residing abroad**, remember to deliver the preapplication form of the Italian Embassy/Consulate (Form A) to the International Students office, along with the attached documents regarding your foreign qualifications.

Always bring with you photocopies and original documents.

➡ Please note

To enrol online, you must have an Italian tax code (codice fiscale).

🔗 Suggestions

If you have any doubt about the entry requirements or about the validity of your qualifications ask the Office for advice, before proceeding to enrolment process: book an appointment with Welcome Desk of the International Students Office or write to international.students@unimi.it.

Part-time enrolment

Under particular circumstances students may find part-time study most suitable to their particular needs. The University of Milan allows part-time enrolment only for reason pertaining to:

- occupation
- family responsibility
- health or disabilities
- professional artistic or sport career

Enrolling part-time allow students to nearly doubling their academic career without affecting the amount of due fees.

Suggestions

You will find more details in the Fee and Exemptions section of our website.

Erasmus + *incoming*

If you have applied at the university as part of the **Erasmus + Program**, you have to submit the following in person to the **International Agreements and Relations office**:

1. your passport or another identity document
2. two passport-size photos
3. the certificate for Erasmus students issued by your own university
4. your accident insurance certificate (it has to be valid abroad)
5. your TEAM/EHIC (*European Health Insurance Card*) for medical assistance.

The office will help you to:

- take an appointment with your academic tutor in order to discuss
- details of the study plan (*Learning Agreement*)
- obtain information regarding health care and travel cards
- access the services offered by the University (e-mail address, wi-fi, library access, accommodation, refectories, Italian courses, services for disabled students), and provide information about cultural and social activities and student associations

- receive the free card for the Centro Universitario Sportivo (University Sports Centre).

➡ Please note

On request, the University offers accommodation for Erasmus students in the university halls of residence (at a cost of € 300 per month), with use of the relative refectory services, and 60-hour language courses for all levels.

Doctoral students

Enrolment

To enrol in a doctoral course, you have to first register to the Unimi portal, then enter “Servizi online SIFA” from the banner on the home page, follow the same procedure as all students (see page 21) and submit these documents to the International Students office:

1. a copy of your degree, along with its translation, legalization and the declaration of value issued by the Italian embassy
2. a copy of your residence permit receipt (only non-EU citizens)
3. your Italian tax code
4. the enrolment fee payment receipt (if you do not have a scholarship).

➡ Please note

The declaration of value may be substituted by the Diploma Supplement coherent to the model devised by the Council of Europe, the European Commission and UNESCO/CEPES. Also statements of validity issued by ENIC_NARIC centres or by diplomatic missions resident in Italy are accepted.

📎 Suggestions

Remember to bring with you both the original documents and the copies.



Fees

The majority of doctoral students have to pay only 156 euros (corresponding to the sum of regional tax and revenue stamp) even if the enrolment fee amounts to 980 euros. The fee includes accident and civil liability insurance, which is valid for all the structures in which you will carry out authorized study and research activities.

Suggestions

You will find full, detailed information about fees and payment methods on the page www.unimi.it/ricerca/dottorati/18532.htm

Scholarships

If you have been awarded a place with a scholarship, contact the Training and Research Contracts office pagamenti.dottorato@unimi.it in order to start the payment procedures.

The scholarship is paid into your current account.

The payslips with details of each individual payment can be consulted at www.unimi.it/ricerca/30838.htm.

Educational and research activities supervisor

The supervisors of doctorate course activities are the course coordinators indicated in the competitive examination announcements. It is advisable to contact your supervisor as soon as possible in order to schedule these activities.

Certificates, periods abroad, renewals, final examinations

For full information regarding procedures relative to your university career (certificates, periods abroad, renewals, final examinations) go to the website www.unimi.it or visit the Doctorate Course desk of the Students Secretariat.

On-line doctorate course services

An entire section of this guide is dedicated to on-line services, which are basically the same for all students, barring the few exceptions outlined below.

E-mail and log-in credentials

Doctoral students are also assigned an e-mail box with the same characteristics and levels of protection as those assigned to other students (see the University on-line section). However, in this case, the address is structured as follows: name.surname@unimi.it.

The address is automatically generated once the enrolment procedure has been completed. The *password* can then be set by visiting <https://auth.unimi.it/credenziali/>.

Your *username* (e-mail address) and *password* are your log-in credentials for accessing all the University's on-line services: from SIFA services (see below), to the Institutional Research Archive (AIR), and OPAC, the University's online catalogue.

University portal

Information dedicated to doctoral students can be accessed via the EDUCATION section (in the horizontal menu above the photos) → Third Cycle → Doctoral programmes.

UNIMIA

UNIMIA is a customisable webpage where students can access the most important information concerning university, administration and study career.

In particular, doctoral students can:

- check their personal data and administrative position
- print formal statements replacing university certificates
- renew their enrolment
- apply for admission to the final examination
- pay the enrolment fees (from the second year on) or make other payments by credit card or MAV.



Interns

Enrolment

To enrol in a Specialization School, you have to submit these documents to the International Students office:

1. a copy of your degree, along with its translation, legalization and the declaration of value issued by the Italian embassy
2. your Italian tax code
3. a copy of your residence permit receipt
4. the Ministerial Decree validating your foreign qualifications (only for Medical Schools).

Please note

The declaration of value may be substituted by the Diploma Supplement coherent to the model devised by the Council of Europe, the European Commission and UNESCO/CEPES. Also statements of validity issued by ENIC_NARIC centres or by diplomatic missions resident in Italy are accepted.

Suggestions

Remember to bring with you both the original documents and the copies.

Fees

The enrolment fee for the first year have to be paid at the time of enrolment: the portal provides details concerning the actual fees and insurance cover.

Contracts and scholarships

If you have been admitted to a specialisation school in the medical field you have to sign a **specialist training contract**. To this end, you will be contacted personally by the Training and Research Contracts office. Salaries will be paid on the 24th of each month.

If you have been admitted to a specialisation school in a non-medical field, and you have been awarded a **scholarship**, you have to contact the Training and Research Contracts office (cinzia.denti@unimi.it or paola.bernardi@unimi.it) in order to start the payment procedures. The scholarship will be paid in two instalments.

Educational and research activities supervisor

The supervisor is the director of the school. It is advisable to contact the supervisor as soon as possible in order to schedule activities. Names and contact details can be found at www.unimi.it/studenti/scuolesp/6441.htm.

Certificates, periods abroad, renewals, final examinations

For information about the procedures relative to your university career (certificates, periods abroad, renewals, final examinations) visit www.unimi.it/studenti/scuolesp/6024.htm or ask at the Specialisation School desk.

On-line intern services

An entire section of this guide is dedicated to on-line services, which are basically the same for all students, barring the few exceptions outlined below.

E-mail and log-in credentials

Interns are also assigned an e-mail box with the same characteristics and levels of protection as those assigned to other students (see the University on-line section). However, in this case, the address is structured as follows: `name.surname@unimi.it`.

The address is automatically generated once the enrolment procedure has been completed. The *password* can then be set by visiting <https://auth.unimi.it/credenziali/>.

Your *username* (e-mail address) and *password* are your log-in credentials for accessing all the University's on-line services.

University portal

All information dedicated to interns can be accessed via the EDUCATION section (horizontal menu above the photos) → Third Cycle → Specialisation School.

UNIMIA

UNIMIA is a customisable webpage where students can access the most important information concerning university, administration and study career.

In particular, interns can:

- check their personal data and administrative position
- print formal statements replacing university certificates.





Fees and scholarships

Fees and scholarships

Fees and scholarships

Enrolment fee

The enrolment fee for the first year of our courses is paid in two instalments:

- the **first instalment** of € 156 is paid immediately at the time of enrolment.
- the **second instalment** is to be paid by 31 January 2019 and varies according to the degree programme, the merit and the economic situation of your family.

Second instalment of fees for students with income/properties abroad

For foreign students with family unit residing and with income/property abroad, the second instalment is not calculated according to the ISEE Università certification.

The University establishes a fixed amount of second instalment on the basis of the country of citizenship. For more details about the amount due and the country tables, please visit the international version of our website, in the section Admission → Fees and exemptions → Fees academic year 2018/2019.

For political refugees the fees coincide with the minimum amount.

Only students applying for scholarships and accommodation must upload during the online procedure:

- the family status declaration (i.e. a statement of all the family members living in the same house)
- the income tax return form for the year previous to enrolment of each family member who has an income
- certification of properties owned by the family (in square meters) at 31st December of the year previous to enrolment
- certification of personal estate of the family owned at 31st December of the year previous to enrolment (assets, dividends, bank account balance...)

All documents must be translated into Italian and legalized.

➡ Please note

If your family's income is earned **in Italy**, you must obtain the ISEE Università certification.

Exemptions

You may be totally or partially exempted from the payment of fees:

- due to disability
- because you hold or are eligible for a regional scholarship
- because you have brothers and sisters already enrolled at the University.

There are also **exemptions** which specifically regard **foreign students**:

- beneficiaries of one of the incentives provided by the Excellence Scholarship programme that the University awards to the best International students admitted to Master's Degree programmes.
- beneficiaries of scholarships from the Ministry of Foreign Affairs.

Suggestions

Full **information** on exemptions can be found at the portal www.unimi.it/ENG in the section ADMISSION, following the path → Fees and exemptions → Fee exemption.

Information is also available at:

Sportello tasse ed esoneri (Exemptions and Fees Office)
using the Infostudenti service

Please note

Students enrolled in **medical specialisation schools** do not qualify for any form of exemption, while those enrolled in **specialisation schools** and research doctorates only qualify for certain categories of exemption.

Scholarships

There are various types of scholarships, some of which are aimed specifically at foreign students.

Boost your Talent

To get the best out of young talents, the University of Milan offers special incentive programmes aimed at supporting highly gifted students. Among them two plans are particularly conceived for International students:

- **Exploit your Talent, consisting in 20 scholarships** of 6.000 euro yearly plus enrolment fee exemptions for highly talented students in any discipline open both to bachelor and master degree programmes students.
- **Excellence Scholarships** programme that offers **150 incentive** grants to the newly enrolled best International students at master level.



The incentives include **50 scholarships** of 6.000 euro plus enrollment fee exemption, awarded to the best students chosen among the 10% of each course top students, and **100 enrolment** fee exemptions dedicated to the best students.

Application to Exploit your Talent scholarships requires meeting the criteria specified in a competitive announcements published yearly on the page of the university website www.unimi.it/ENG/student/102426.htm.

Scholarships offered by the Italian government

Intended for **non-EU students**, these scholarships are offered by the Italian Ministry of Foreign Affairs. To find out how to obtain a scholarship, you can contact the Italian diplomatic representation or consult the Ministry's website at www.esteri.it/MAE/IT following the path → Services → Foreign Nationals → Work and Study Opportunities for Foreigners → Italian government Bursaries for foreign and I.R.E. students, or writing to the Ministry of Foreign Affairs: Ministero degli Affari Esteri – Direzione Generale per le Relazioni Culturali – Ufficio IX – piazzale della Farnesina, 1 - 00194 Roma.

Scholarships offered by the University and by the Lombardy Region

Allocated each year to students on different years of courses, the scholarships are awarded according to merit and income.

Detailed information can be found on the portal www.unimi.it/ENG following the path ADMISSION → Scholarships.





Services for students

Services for students

Accommodation and refectories

In the STUDENT SERVICES section of the University portal www.unimi.it/ENG, you will find the Accommodation and meal sub-section, which contains a full list of solutions for students: refectories, restaurants offering special deals arranged by the University and the accommodation notice boards, where you can find a bed, a room or an apartment.

Some facilities can only be accessed by participating to public announcements published on the University portal every year.

If your stay in the city is to be a short one, or if you need a place to stay while looking for more permanent accommodation, you may be interested to know that the University has an excellent guestroom service (for information write to foresteria.studenti@unimi.it) and info about hostels and B&B close to the university sites.

You can also consult the website of the Province of Milan – www.visitamilano.it/turismo_en/ – which features a list of all the hotels, restaurants and pizzerias in Milan and the surrounding province.

Italian language courses

Enrolling at the University of Milan gives International students (including Erasmus and PhD) the opportunity to learn Italian language through three main different intensive courses, offered by the University Language Center, SLAM:

- Beginners - from A1 to A2, and from A2 to B1 level.
- Intermediate - from B1 to B2 level.
- Intermediate - from C1 to C2 level.

Classes take place each academic year from October to January (1st semester) and from February to May.

Further details are available on the webpage www.unimi.it/ENG/student/100317.htm.

For information

italian.courses@unimi.it
slam@unimi.it

There are however many other Italian language and culture courses, at various levels, managed by the University Centre Calcif, and namely:

- Summer courses: held between July and August in Gargnano (BS), on Lake Garda and in Milan.
- Marco Polo courses, specifically dedicated to Chinese students.
- Promotals online: the vocational master for Italian or foreign graduates designed to train teachers and professional figures involved in the teaching and promotion of Italian as a Second or Foreign Language.

For information

Centro D'Ateneo per la Promozione della Lingua e della Cultura Italiana
www.calcif.unimi.it
www.promotals.unimi.it

Suggestions

Alternatively, there is also an on-line course offered by the inter-university consortium ICON, of which our University is a member (www.italicon.it/en/index.asp) or the extremely effective courses for foreigners offered by the Municipality of Milan (www.lingueincomune.it).

Services for disabled students & DSA

The University of Milan provides **assistance** for disabled students and those affected by Learning Disability (DSA) guaranteeing transport services, learning and computer support, tutoring and assessing the possibility of taking specific educational interventions for dyslexia, and other language-based learning disabilities.

Services for disabled students & DSA

via Festa del Perdono, 3
 tel. +39 02 503.12225 - 12353
 fax +39 02 503.12253
ufficiodisabili@unimi.it - serviziodsa@unimi.it

Suggestions

You can find information about the service on the portal webpage www.unimi.it/ENG/student/31204.htm.

Students Associations

Students associations of the University of Milan organise cultural, social and sport activities for enrolled students.

Among them, the International Students Association of the University of Milan (ISA Unimi) offers support and organises events addressed to international students during their academic career.

The complete list of the students associations is available on www.unimi.it → Student Services → Student Associations.





Living in Milan

Getting around

Milan is a strange city, as you will realize when you live here. The urban landscape is not dominated by monuments and works of art, as it is in Venice, Florence or Rome, yet there are a host of things to see and discover.

Milan is perhaps most famous for fashion, for theatre and for the international scope of its trade fairs (such as Expo 2015), yet it conceals many wonderful surprises: you just have to know where to look or you can simply wander around, following the advice given by the website <http://milan.arounder.com/>, for example, and venturing into the internal courtyards of the private palazzos in the city centre, most of which are extremely beautiful.

At one time, Milan was a navigable city, though not on the same level as Venice. It was Leonardo Da Vinci who was responsible for improving the canals which linked Milan to the Ticino and the Adda, by designing a system of locks. He also left another gift to the city, the famous fresco *The Last Supper*. To see it, you can book on-line at www.vivaticket.it.

There are the masterpieces of the Brera Picture Gallery and wonderful Romanesque churches, such as the Basilica of Sant'Ambrogio and the Basilica of Sant'Eustorgio, which is said to hold the remains of the three Magi (which Sant'Eustorgio brought back from Constantinople) and, in the centre of the city, the striking gothic structure of the Duomo, which has always been the symbol of Milan.

Furthermore, there are many possibilities for excursions to the outskirts of the city, which can be planned using the information found at www.visitamilano.it/turismo_en, or on the Region's website www.turismo.regione.lombardia.it/en/home.

Milan is not far from Lake Como, Lake Maggiore and Lake Garda, the Alps, the Ligurian Sea and Venice, which is just a 2 1/2 hour train journey away.

Alternatively, you can stay in the city and visit one of the sports centres managed by the CUS, the University Sports Centre (www.cusmilano.it/corsi) and the Municipality (www.milanosport.it/) or enjoy the Milanese nightlife, which offers everything from the increasingly popular happy hours in the city centre or by the Navigli canals to discotheques. You may also wish to go to the theatre, the cinema (where you can also see original language films) or visit one of the many museums, which are open late into the evening.

For inspiration, visit www.lombardiaspettacolo.com or the Vivi Milano webpage (www.corriere.it/vivimilano/). As an alternative, you can seek advice from the Municipality of Milan's Informagiovani service, which is based in Via Dogana 2 (close to Piazza Duomo).

Transport

Urban and Extra-urban transport network

It is easy to travel around Milan using the public transport system, with its trams, buses and underground network. All the information you need can be found on the website of the city's transport company, ATM (www.atm-mi.it/en), which also offers a Radiobus service, an extremely useful and convenient collective taxi.

An ATM urban ticket costs € 1,50 and is valid for 90 minutes on all urban lines, though it can be used for only one journey on the underground.

From July 2018, you can travel on the metro by paying directly at the ticket gate with Mastercard, Visa, Maestro and VPay contactless cards.

As a student, you can buy specially-priced monthly travel passes, which are valid for the entire urban or extra-urban network (the urban monthly pass costs € 22).

The pass is available from the ATM points found at the Duomo, Ca'dorna, Loreto, Centrale and Romolo underground stations (open from Monday to Saturday, from 7.45 a.m. to 7.15 p.m.). You will need to take with you a colour, passport-sized photo. Pass can be requested online directly on ATM website <http://www.atm.it/en/ViaggiaConNoi/Abbonamenti/Pages/Abbonamentiperglistudenti.aspx>.



Cars, bicycles and trains

Those who can't live without a car should take a look at the Car Sharing website (www.milanocarsharing.it). You will discover that hiring a car, even for just a few hours, is not as expensive as you may think.

Cycling enthusiasts who wish to explore the city on two wheels can take advantage of the bicycle hire service BikeMi (www.bikemi.com), which is provided by the Municipality of Milan, or visit the website of Ciclobby (www.ciclobby.it), an association that has been promoting bicycle travel in the city and organising group excursions for many years.

For travelling outside of the city, useful websites include those of Trenitalia (www.trenitalia.com), the airports of Linate, Malpensa (www.sea-aeroportoimilano.it) and Orio al Serio (www.orioaeroporto.it) and the website of the motorway service (www.autostradale.it), which contains timetables and ticket prices for the buses that link Milan to several of Italy's most important tourist destinations.

If, on the other hand, you wish to travel around Europe, you will find all the information you need on the European Youth Portal (<http://europa.eu/youth/en>).

Suggestions

If you are travelling by car or on foot and require directions, you can consult the TuttoCittà (www.tuttocitta.it/mappa/milano) or ViaMichelin (www.viamichelin.co.uk/) websites.

Useful links and numbers

Emergencies

It is helpful to remember that the Italian health service is public and free, in the case of emergencies.

Almost every city hospital has a Casualty Department for medical emergencies. A complete list can be found on the website www.asl.milano.it. If it is impossible for you to reach the nearest hospital you can call 112, the emergency telephone number.

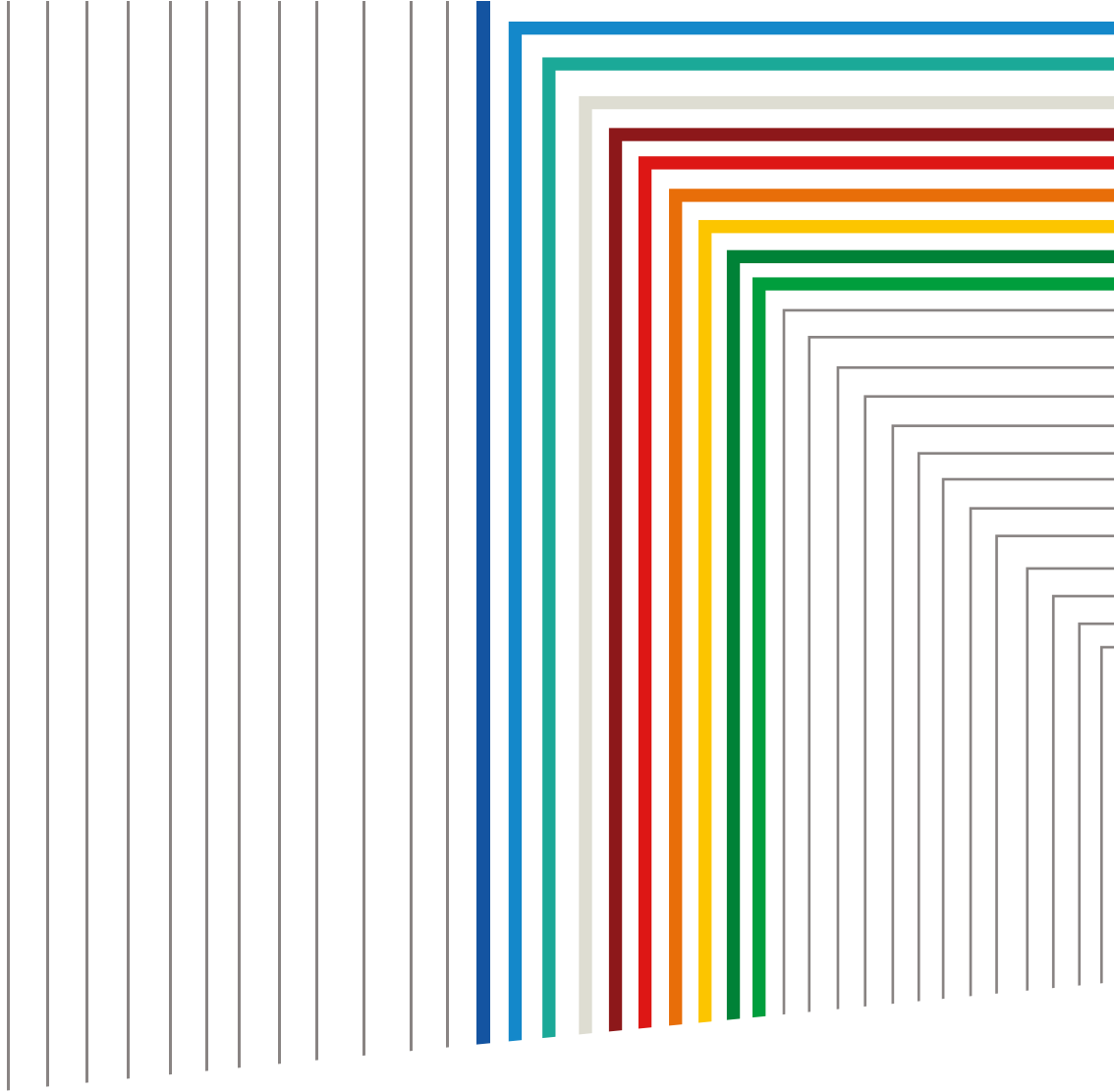
If you find yourself in danger or have urgent need of protection you can dial the same number to contact the **State Police** (www.poliziadistato.it), or the **Carabinieri** (www.carabinieri.it) or, in the event of a fire, the **Fire Brigade** (www.vigilfuoco.it).

For bureaucratic matters concerning residence permits you can consult the website of Milan's Police headquarters or Questura (<http://questure.poliziadistato.it/Milano>).



Notes

Please, continue to visit our website
www.unimi.it/ENG/ for updated information



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