



TO MAGNIFICA RETTRICE OF UNIVERSITA' DEGLI STUDI DI MILANO

ID CODE 6945

I the undersigned asks to participate in the public selection, for qualifications and examinations, for the awarding of a type B fellowship at Dipartimento di SOCIAL AND POLITICAL SCIENCES

Scientist- in - charge: PROF. SIMONA GUGLIELMI

[MEHMET ASRIN YENIHAYAT]

## CURRICULUM VITAE

### PERSONAL INFORMATION

Surname	YENIHAYAT
Name	MEHMET ASRIN

### PRESENT OCCUPATION

Appointment	Structure
01/10/2024	PHD CANDIDATE, Università Cattolica Del Sacro Cuore

### EDUCATION AND TRAINING

Degree	Course of studies	University	year of achievement of the degree
Degree	Bachelor's of Art, Psychology	Bahcesehir University	12/02/2021
Specialization			
PhD	Psychology	Università Cattolica Del Sacro Cuore	-
Master	M.A., Clinical Psychology	Bergamo University	12/04/2024
Degree of medical specialization			
Degree of European specialization			
Other			

### REGISTRATION IN PROFESSIONAL ASSOCIATIONS



Date registration	of Association	City
28/04/2021	Turkish Psychologists Association	ISTANBUL
01/10/2020	Bahcesehir University Psychology Application and Research Center (PUAM) Family Studies Unit	ISTANBUL

## FOREIGN LANGUAGES

Languages	level of knowledge
Turkish	Native
English	C2
Italian	B2

## AWARDS, ACKNOWLEDGEMENTS, SCHOLARSHIPS

Year	Description of award
2017	High Honor Certification - Bahcesehir University
2018	High Honor Certification - Bahcesehir University
2019	High Honor Certification - Bahcesehir University
2018	Scholarship of High Grade (3.50 over GPA) at Bahcesehir University
2020	Scholarship at THE SCIENTIFIC AND TECHNOLOGICAL RESEARCH COUNCIL OF TURKEY (TUBITAK), Sociology Department of Bahcesehir University

## TRAINING OR RESEARCH ACTIVITY

<p>Liverpool CAMHS Certificate of Training for "Understanding My Stress Response"</p> <p>Liverpool CAMHS Certificate of Training for "Resilience"</p> <p>Liverpool CAMHS Certificate of Training for "Post-Traumatic Stress Disorder"</p> <p>Cognitive Behavioral Therapy Training by Cognitive Behavioral Therapy Institute</p> <p>Training of research at BAU in SPSS, R, JAMOVI, and Jasp</p> <p><b>Research activity at John Moores University Department of Social Psychology:</b></p> <ul style="list-style-type: none"><li>Reviewed literature on collective victimhood, moral judgement, intergroup relations, solidarity and ideological polarization</li><li>Liverpool CAMHS: Attended trainings about Attachment, PTSD, Suicide Awareness</li></ul> <p><b>STUDENT ASSISTANT BAHCESEHIR UNIVERSITY, FACULTY OF ECONOMIC AND ADMINISTRATIVE SCIENCES, DEPARTMENT OF PSYCHOLOGY</b></p> <ul style="list-style-type: none"><li>Carried out scientific studies related with psychology.</li><li>Entering data to Statistical Package for the Social Sciences. Proceeding related analysis in SPSS, Jamovi, and R.</li></ul>
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- Lecturing SPSS and statistics lessons to psychology students.
- Helped faculty members about conducting statistical analysis of the quantitative - qualitative data
- Fulfilled responsibilities such as reviewing literature and preparing SPSS lessons

## **SOCIAL PSYCHOLOGY RESEARCH ASSISTANT BRIGHTON UNIVERSITY**

Reviewing literature on intergroup relations, solidarity, social identity theory and distal stressors among LGBTQ+

with **Prof. Rusi Jaspal**

- Analyzing quantitative data
- Planning weekly reports and meetings
- Conducting study titled as "Risk and protective factors for poor mental health in a sample of lesbian, gay and bisexual people in the UK and Turkey"

## **ASSISTANT SPECIALIST INTERN XSIGHTS RESEARCH & CONSULTANCY**

- Reported the data for the costumers satisfaction of big brands on PowerPoint
- Prepared the meetings schedule
- Statistical analysis in SPSS related to costumers satisfaction

## **PROJECT ACTIVITY**

Year	Project
2024	Sexual communication, identity resilience and sexual satisfaction in heterosexual and gay men
2024	Higher identity resilience - self efficacy is associated with sexual risk behaviors in gay men
2023	Mental Health Literacy About Personality Disorders: A multicultural Study Reference: Altuncu, K. A., Lomoriello, A. S., Lo Buglio, G., Martino, L., Yenihayat, A., Belfiore, M. T., & Boldrini, T. (2023). Mental Health Literacy about Personality Disorders: A Multicultural Study. Behavioral sciences, 13(7), 605. <a href="https://doi.org/10.3390/bs13070605">https:// doi.org/10.3390/bs13070605</a>
2023	A feminist study: solidarity and intergroup relations among activists and LGBTQ+ in Turkey
2021	Hope and anxiety about future during covid-19 pandemic: A comparison between high school seniors and college seniors
2021	Parenting and the dark side of personality: the role of mentalization and emotion regulation
2023	Translator - European Union Project "Increasing The Quality of Education for Gifted Students"

## **PATENTS**

Patent
Driver licence: B



## CONGRESSES AND SEMINARS

Date	Title	Place

## PUBLICATIONS

Books
[title, place, publishing house, year ...]
[title, place, publishing house, year ...]
[title, place, publishing house, year ...]

Articles in reviews
Jaspal, R., & Yenihayat, A. (under revision). Higher identity resilience - self-efficacy is associated with sexual risk behaviours in gay men. <i>Journal of Sexual Health</i> .
Jaspal, R., & Yenihayat, A. (under revision). Sexual communication, identity resilience and sexual satisfaction in heterosexual and gay men. <i>The Canadian Journal of Human Sexuality</i> .
Cüre-Acer, S., Yenihayat, A., & Yıldırım, E. (under revision). Hope and anxiety about future during covid-19 pandemic: A comparison between high school seniors and college seniors. <i>Journal of Child and Family Studies</i> .
Cüre-Acer, S., Yıldırım, E., & Yenihayat, A. (under revision). Parenting and the dark side of personality: The role of mentalization and emotion regulation. <i>Personality and Individual Differences</i>
Altuncu, K. A., Lomoriello, A. S., Lo Buglio, G., Martino, L., Yenihayat, A., Belfiore, M. T., & Boldrini, T. (2023). Mental Health Literacy about Personality Disorders: A Multicultural Study. <i>Behavioral sciences</i> , 13(7), 605. <a href="https://doi.org/10.3390/bs13070605">https:// doi.org/10.3390/bs13070605</a>

Congress proceedings
[title, structure, place, year]
[title, structure, place, year]
[title, structure, place, year]

## REFERENCES

<b>Dr. Arzu Karakulak:</b> I met Dr. Arzu Karakulak when I was working at the Department of Psychology, and when I was attending to social psychology courses. <b>E-mail</b> arzuaydinlikarakulak@gmail.com
<b>Prof. Dr. Mine Ozascilar :</b> I have met Prof. Dr. Mine while I was taking sociology courses during my B.A. years, as well as I was working in TUBITAK project. <b>E-mail</b> mine.ozascilar@eas.bau.edu.tr
<b>Dr. Bahar Tanyas :</b> I have met Dr. Tanyaş since I was taking courses during my B.A. years (e.g., Statistics), as well as I was teaching SPSS courses at the department of psychology. <b>E-mail</b> bahar.tanyas@eas.bau.edu.tr



**Dr. Clara Mucci** : I have met my thesis supervisor, Dr. Mucci, while I was M.A. student at the Bergamo University. **E-mail** clara.mucci@unibg.it

**Prof. Rusi Jaspal** : I have met with Prof. Rusi Jaspal, while we were working on two projects about sexuality and psychology. **E-mail**: r.jaspal@brighton.ac.uk

Declarations given in the present curriculum must be considered released according to art. 46 and 47 of DPR n. 445/2000.

The present curriculum does not contain confidential and legal information according to art. 4, paragraph 1, points d) and e) of D.Lgs. 30.06.2003 n. 196.

Please note that CV WILL BE PUBLISHED on the University website and It is recommended that personal and sensitive data should not be included. This template is realized to satisfy the need of publication without personal and sensitive data.

Please DO NOT SIGN this form.

Place and date: BERGAMO, ITALY, 06/11/2024